

## **Chore** Schedule

**Instructions**: Caregiver to initial the daily chore box and check the box to indicate chore was Done. Fill in the monthly chore from the list on page 2.

FOR THE WEEK OF: 10/23/2016	SUN		MON		TUE		WED		THU		FRI		SAT	
TASK	WHO	DONE												
Confirm Medication Taken	all													
Prepare Meal	all													
Dishes / Meal cleanup/quick sweep	all													
Help with Shower														
Change Clothes	daily													
Make Bed	daily													
Clean Bedroom			Mon											
Change Bed Linen			Mon											
Laundry			Mon											
Clean Bathroom					Tues									
Clean Kitchen							Wed							
Sweep & Mop Floors					Tues		Wed					Ø		
Clean Living Room									Thur					
Vacuum			Mon						Thur					
Monthly Chore:											Fri			
Get Mail			daily											
Take out trash														

## **MONTHLY CHORES**

Wipe down kitchen & bathroom cabinet doors

Wipe down inside of cabinets

Wipe down doorknobs, switch plates & lamps

Vacuum the molding, baseboards, vents

Disinfect garbage can

Vacuum upholstered furniture

Dust ceiling fans and blinds

Clean throw pillows and blankets

Clean windowsills

Wash bedspreads and duvets